



COCEMO

Contemplative Outreach of Central Missouri

2019 CENTERING PRAYER WEEKEND SPRING RETREAT

Come as You Are

Discovering our place in a wounded world

"I see clearly that the thing the church needs most today is the ability to heal wounds and to warm the hearts of the faithful; [. . .] I see the church as a field hospital after battle.

---Pope Francis

Come as You Are is a weekend retreat open to everyone 18 and over who is searching for their place in the "field hospital" of the Church. Whether you see yourself as patient, healer, or both, we will come together as community to reflect and seek understanding on how the Divine Physician—God—heals wounds; and, how He calls us to warm the hearts of our brothers and sisters, and ultimately, ourselves.

Opportunities will be provided for centering prayer sessions, periods of silence, proclamation of the Gospel followed by lectio divina, interactive exercises, and group discussion. Introductory teaching on the method of centering prayer will be available for newcomers.

DATE: Friday, April 12 (*Registration begins at 4pm.*) to Sunday, April 14, 2019 (*Depart after noon meal.*)

LOCATION: IL Ritiro Retreat Center ♦ 7935 St. Francis Lane ♦ Dittmer, MO 63023
www.il-ritiro.org

COST: \$210 single occupancy/private room w/shared bath: ALL INCLUSIVE (includes meals & linens)
\$185 double occupancy/shared room w/shared bath: ALL INCLUSIVE (includes meals & linens)
A \$50 deposit will secure your reservation. Partial scholarships are available.

REGISTRATION INFORMATION

REGISTER NO LATER THAN FRIDAY, APRIL 5, 2019

NAME: _____

ADDRESS: _____

PHONE: _____ EMAIL: _____

To secure a reservation, send completed **REGISTRATION INFORMATION** section along with a **\$50 check/money order deposit payable to COCEMO** to: COCEMO P.O. Box 30673 Columbia MO 65205

To pay by credit card, go to www.cocemo.org/spring-retreat and complete the Spring Weekend Retreat Online Registration Form. Once submitted, you will complete another form and receive instructions for payment.

QUESTIONS? Contact COCEMO by
phone 573-864-1097 | email cocemo1@gmail.com | online www.cocemo.org